

2025 Annual Plan

for the Portland Metro Area I/DD Training Co-operative

Month	Host	Topic	Instructor
January 2025	Among Friends, LLC	Let's Talk About Sex! - For Parents!	Mel Moseley
	FASCETS Center for Neurodiversity	Neurobehavioral Differences: Understanding & Application of the FASCETS Brain-Based Approach	visit www.fascets.org to find out more and register
	FACT Oregon	Jan 25 Pathways to Adulthood: A Learning Conference About Transition	Various
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	The Arc Portland Metro	CPR/First Aid	Vicki Smead
	UCP of Oregon	Legislative Advocacy 101	Laddie Read and John Griffiths/ Glenna Hayes
February 2025	Among Friends, LLC	Virtual Realities; Sexuality, Relationships & Technology	Mel Moseley
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson

	The Arc Portland Metro	CPR/First Aid Instructor Training	Vicki Smead
	UCP of Oregon	Legislative Advocacy 101	Laddie Read and John Griffiths/ Glenna Hayes
March 2025	Albertina Kerr	CPR/FA	Samantha Fosnot
	Among Friends, LLC	Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Shanya Luther
	FASCETS Center for Neurodiversity	Neurobehavioral Differences: Understanding & Application of the FASCETS Brain-Based Approach	visit www.fascets.org to find out more and register
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	The Arc Portland Metro	CPR/First Aid Instructor Training	Vicki Smead
	UCP of Oregon	Naxlone Training: Etiquette and Care	Glenna Hayes
April 2025	Among Friends, LLC	Designing a Roadmap for Healthy Romantic Relationships AND Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Mel Moseley AND Shanya Luther
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	UCP of Oregon	DEI Training	Fengxian Yuan

May 2025	Columbia Community Mental Health	TBD	TBD
	FASCETS Center for Neurodiversity	Neurobehavioral Differences: Understanding & Application of the FASCETS Brain-Based Approach	visit www.fascets.org to find out more and register
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	The Arc Portland Metro	CPR/First Aid	Vicki Smead
	UCP of Oregon	Social-Sexual Supports	Laddie Read and John Griffiths/ Glenna Hayes
June 2025	Albertina Kerr	CPR/FA	Samantha Fosnot
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
July 2025	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	The Arc Portland Metro	CPR/First Aid	Vicki Smead
August 2025	Albertina Kerr	CPR/FA	Samantha Fosnot
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
September 2025	Among Friends, LLC	Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Shanya Luther

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	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	The Arc Portland Metro	CPR/First Aid	Vicki Smead
October 2025	Abilities at Work	Brain Functions	Kelley M Gordham
	Among Friends, LLC	Tier 1: FOUNDATIONS of the Sexual Self-Determination Certification Program	Shanya Luther
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
November 2025	FASCETS Center for Neurodiversity	Neurobehavioral Differences: Understanding & Application of the FASCETS Brain-Based Approach	visit www.fascets.org to find out more and register
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson
	The Arc Portland Metro	CPR/First Aid	Vicki Smead
December 2025	Albertina Kerr	CPR/FA	Samantha Fosnot
	Sally Ashfield Gibson Consulting	OIS	Sally Gibson

Federal Holidays (please don't schedule trainings on these days):			
Wednesday, January 01, New Year's Day			
Monday, January 20, Martin Luther King, Jr. Day			
Monday, February 20, Presidents Day			
Monday, May 26, Memorial Day			
Thursday, June 19, Juneteenth National Independence Day			
Friday, July 04, Independence Day			
Monday, September 01, Labor Day			
Monday, October 13, Columbus Day			
Tuesday, November 11, Veterans Day			
Thursday, November 27, Thanksgiving Day (many people will also have Friday, November 28 th off)			
Thursday, December 25, Christmas Day			