

Person Centered Planning

Creating Your Future

"A Roadmap To Support
Services"

What is Person Centered Planning

- Person Centered Planning (PCP) is a process that assists people with disabilities and their families to plan for the future.
- Through structured exercises focusing on the Person's strengths and preferences, a snapshot of the Person and possibilities for the future are created.

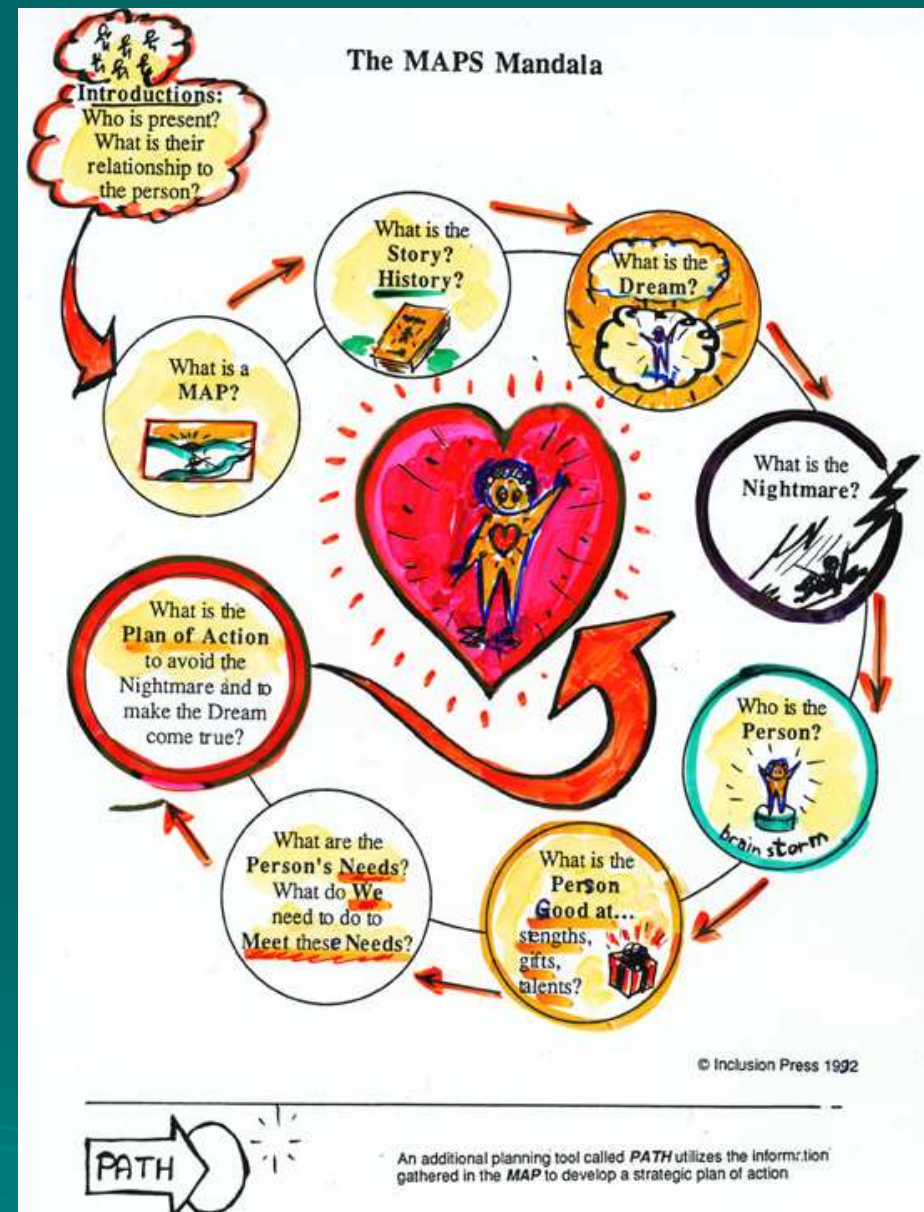


There are several types of Person Centered Planning tools, including:

- MAPS—Making Action Plans
- PATH—Planning Alternative Tomorrows with Hope
- Essential Lifestyle Plans
- Personal Futures Planning

Each has unique strategies for gathering information, but all result in an Action Plan based upon the Person's gifts and desires for the future.

- This is an example of a MAPS plan, courtesy of Inclusion Press.



A Person Centered Plan is NOT an Individual Education Plan (IEP) or an Individual Service Plan (ISP).

- It does not replace the formal IEP, ISP, or transition planning process, but it can compliment and enhance these plans.

The Person is the driving force.

- People who are close to the Person are invited to participate in the person centered planning because
 - They know the Person.
 - They care about the Person.
 - They can contribute important information to the meeting, such as where to connect with opportunities in the community.

Community and Family members are critical.



- They provide personal insights on the strengths, gifts, and interests of their friend or family member.



*Teachers, Oregon Vocational
Rehabilitation Service (OVRS)
Counselors, County Developmental
Disability Services Coordinators,
Brokerage Personal Agents, and
other agency personnel are
important.*

- They can offer a lot of helpful resource information.
- They can share how to creatively think about ways to implement the plan.

The Person Centered Planning may involve one meeting or several.

- There may be a few people or many people participating.
- Meetings are most successful when assisted by a trained facilitator who can guide participants towards a clear understanding of the Person and to brainstorm creative future possibilities.

Meetings can be in the Person's home or at a comfortable meeting space.

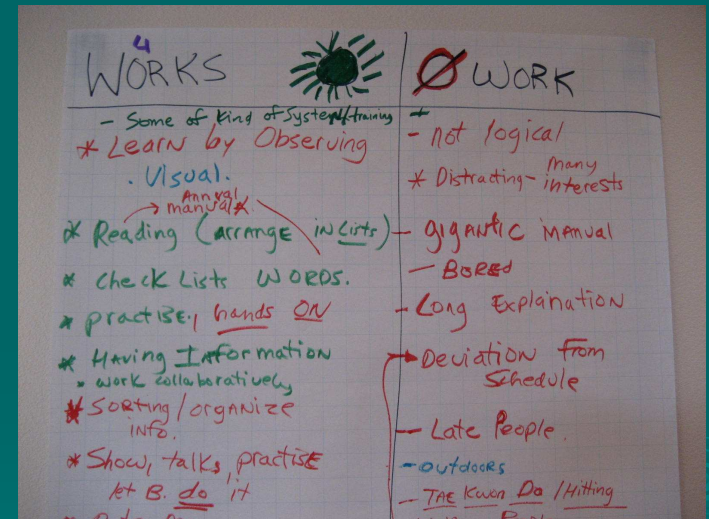
- Often there is poster paper on the walls during the meeting so that everyone can see what is being recorded in words and pictures.



The Person—you, the Customer—are the driving force.

- What are your gifts and strengths?
- What works for you? What doesn't?

- How do you learn best?



- What are things that you need help with?
Who helps you now?



➤ What kind of job would you want? What kind of help would you need to get or keep that job?

➤ Who are the important people in your life?



➤ Where do you like to go and what activities do you like to do? Who do you like to hang around with?

- What are your dreams or ideas for your future?
- Where do you want to live?



*Each planning meeting is unique,
but upon successful completion:*

- Everyone feels that the information captures who you are.
- Your dreams for your future are laid out.
- Everyone works as a team towards your goals.

*Action plans are created for you
and your team to help you meet
those goals:*

- Your person centered plan can be used to drive other plans—

- Different pieces can be incorporated into your individual education plan (IEP),
 - As well as your high school transition plan,
 - As well as being incorporated into your brokerage individual service plan (ISP),
 - As well as your vocational rehabilitation plan,
- So that the final outcome is realization of your dreams.

*Person Centered Planning can help
create your roadmap to have the
life you want to live.*



Acknowledgements

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